Boyne City Ramblers advance to Final Four STORY & PHOTOS INSIDE





Justis named prosecutor for domestic violence

The Charlevoix County Prosecuting Attorney's office selected Gregory G. Justis of Petoskey to serve as Special Assistant Prosecuting Attorney with a focus on domestic violence prosecutions.

The position, as an independent contractor paying \$2,500 per month, was approved by the Charlevoix County Board of Commissioners on February 25. Justis will handle the prosecution of all domestic violence

LEFT: Justis will handle the prosecution of all domestic violence cases in Charlevoix County

cases in Charlevoix County.

"Greg has extensive experience in working with victims of domestic violence and more importantly, a passion for this type of work," Charlevoix County Prosecuting Attorney Allen Telgenhof said. "Through his work with Little Traverse Band he has worked with the Women's Resource Center and while he was in school he worked with our sheriff's department so they are very familiar with him as well. We are fortunate to have someone with his experience and drive in this position." Justis operates a solo law

practice and is currently the domestic violence grant coordinator for the Little Traverse Bay Bands of Odawa Indians Tribal Court. Through this position he has presented and trained in the area of domestic violence. While in law school, he worked in the University of Louisville Domestic Violence Law Clinic for two years, representing domestic violence survivors in Jefferson **County Circuit and District** Courts.

"I am delighted to have the opportunity to work with Mr. Telgenhof and the staff of the Prosecuting Attorney's office,

and to continue working with the dedicated domestic violence advocates and professionals throughout the County," said Justis. "The safety and welfare of this community is something about which I care deeply, and I am thankful to the Board of Commissioners for unanimously supporting the position. I look forward to continuing the exceptional work that has been accomplished in handling these difficult and important cases in Charlevoix County."

Missing Pit Bulls found in Grayling



Norma Jean Babcock

Police rescue dog from icy waters

Norma Jean Babcock

BOYNE CITY: The Boyne City Police find themselves in the



Ellsworth man pleads guilty to home invasion charge

This morning, on the day his trial was scheduled to begin,

Jeremiah Wayne Cutler, 36, of Ellsworth, pled guilty to charges



EAST JORDAN: To bring a happy conclusion to the case of two missing pit bulls from last week, officials now say the dogs have been found and returned to their owners.

The dogs were reported missing Wednesday last week when owners John Miller and Terry Crumb began a frantic search for the two 3 year old pit bulls, Tank and Gunner, who disappeared from their home. At that time, the owners were desperate to find out what had happened to the two dogs who they had owned since they were newborns. Miller and Crumb offered a \$5,000 reward for the safe return of Tank of Gunner, and ran an intense search campaign in the area, plus on social media.

According to the Charlevoix County Sheriff's Department, the safe return of the dogs became a priority for all officers. The officers on shift looked down as many leads as possi-

See **Pit Bulls**–3A

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Permit No. 70 Gaylord, MI **DIA** 90stage **Standard Mail**

business of dog rescue these days, as they rescued "Yukon" and 8 year old husky from the icy waters of the City's sewer treatment ponds on March 14.

Yukon had been missing along with another husky owned by Mike Stead who had reported the canines missing from his vard on the day of the rescue. Stead was informed that the dogs had been seen at the treatment ponds. As he pulled into the area, officers were rescuing Yukon from the water.

According to a press release, officers Assistant Chief Kevin Spate and Officer Todd McGuire worked quickly to rescue Yukon who had broken through one of the ponds which are covered with ice. These ponds have small holes poked into them by aerators, which can render some portions of the ice extremely thin, thus enabling the husky to fall through.

The officers drug a 14 foot aluminum work over to the pond, and then pushed it out 50 feet to where the dog floundered. Officer McGuire was inside of the boat, and upon getting close enough he pulled Yukon out of the water by his collar. Assistant

Officer McGuire pulled Yukon from a sewage treatment pond in Boyne City last week. COURTESY PHOTO.

Chief Spate then pulled dog and man back to the shore.

Officer McGuire indicated the dog had struggled to keep himself afloat, as he was so worn out and cold that he couldn't even stand upon getting into the boat.

According to the officers, Yukon's companion in icy adventures, Diesel, stood nearby loyally waiting for his friend to be rescued throughout the ordeal. "Officer McGuire did an awesome job of pulling the dog out of the water and rescuing it,' said Assistant Chief Spate of the rescue.

The owner took Yukon to a veterinarian, who kept him overnight before sending him home to recover.

For those interested in seeing the rescue, a video is available through the police department.



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of home invasion, second degree intimida-

and witness Jeremiah Wayne Cutler, 36, of Ellsworth

As part of the plea agreement, Cutler agreed to be sentenced as a habitual offender, second offense which increases his maximum prison time to 22 $\frac{1}{2}$ years for the home invasion charge. The witness intimidation carries a maximum sentence of ten years in prison.

Cutler admitted to a break-in on Antrim Street in Charlevoix in April 2015 where he stole jewelry that was later discovered at a local salvage yard. He also admitted interfering with the testimony of a witness against him through phone calls he made from the Pugsley Correctional Facility.

He was on parole at the time that these offenses occurred related to a prior conviction for possession of heroin.

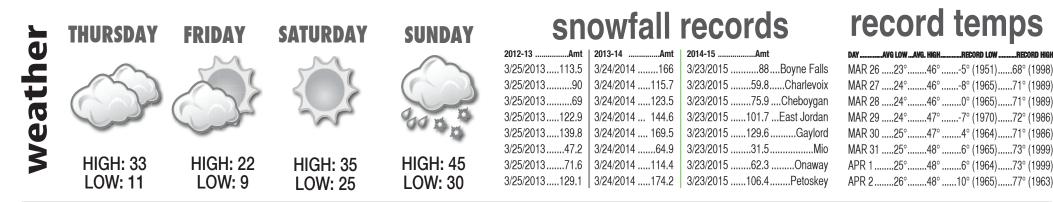
At the preliminary examination on that matter, the district court heard recorded prison calls where Cutler instructed the witness not to say anything about the break-ins and to just say she didn't remember anything and to exercise her Fifth Amendment right not to testify.

"The eyewitness was very brave in coming forward to testify against this person who she knew very well," Charlevoix County Prosecuting Attorney Allen Telgenhof said. "Her cooperation was key to obtaining these convictions. The owner of the salvage yard

See Home Invasion–3A

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Boyne City Takes the Next Step towards New City Hall Facilities

Norma Jean Babcock

BOYNE CITY: Commissioners took the next step in the process of building a series of new city hall and Department of Public Works facilities on Tuesday by awarding the contract for the build to a construction firm out of Traverse City.

The plan to create a more efficient series of buildings has been in the works for several years. The City hired Environmental Architects to come up with options for how create a more logical location for the Department of Public Works, and how to consolidate Emergency services and City Hall into one easy access location. The plan the commission finally approved includes moving the Department of Public Works to an area in north Boyne City off of Robinson St. It will also combine all emergency services and City Hall into the current loca-



tion that will be updated to be energy efficient.

The city budgeted \$2.6 million dollars for the project and received four bids for consideration. The highest bid came in at \$2,349,000, and the lowest came in at \$2,073,000. That low bid came from Hallmark Construction. At the meeting on Tuesday,

commissioners asked about various points of the contract, and indicated their desire to know a little bit about the work that Hallmark Construction has done in the past and how those projects have fared into the future.

"I want to see their works, and the quality of their projects,' stated Commissioner Derek Gay-

lord.

Ray Kendra, of Environmental Architects who created the plan for the buildings stood behind the choice of Hallmark Construction. and advocated that they were well qualified for the job. Kendra stated that his firm had worked with Hallmark before and that those buildings, in both the private and public sectors, had gone well.

Hallmark is responsible for East Park Marina, which was finished in 2008. They created the Performance Pavilion, Harbor Master's Building, and the water fountain in the marina. In addition they created the sidewalks, retaining walls and landscaping in and around the area. Other projects include the Cherry Capital Airport in Traverse City and the Traverse Area District Library.

President of Hallmark Jeff Fedorinchik was in attendance at

the meeting and stated that he felt confident about the costs in the bid and the timeline given. That timeline is 165 days, which would require spring foundation building, and then summer construction so that the project can be done by winter.

Both Fedorinchik and Kendra elaborated on how they came to the numbers within the bid and were able to assure the commission that Hallmark was a good fit for the project. The commission then voted to award the contract to Hallmark.

For those interested in learning more about the new buildings, what they will offer and how the project will be funded, the city has put up information on their website. That site can be found at www.cityofboynecity.com.

Shirley Ann Lusk, 86

(APRIL 20, 1928 - MARCH 15, 2015)

Shirley Ann Lusk of Charlevoix passed away Sunday, March 15, 2015.

She was born April 20, 1928, in Boyne City to the late Fay and

Thelma Bradley. She was a lifelong resident of Charlevoix. She was a graduate of Charlevoix High School, class of 1946. She married George (Bill) Lusk on March 4, 1947, at the Congregational Church in Charlevoix. He preceded her in

OBITUARIES

death in 1998.

Shirley had floral design training at John Anthony's in Lansing just after she was married. Throughout her floral designing career, Shirley worked and managed many floral shops. She also was involved in designing flowers for many friends' and family weddings, parties and other special occasions. She was a member of the Church of God in Charlevoix.

Throughout her life, Shirley

worked as a volunteer in many

capacities. She was involved with

Easter Seals of Northern Michi-

gan, Charlevoix Historical Soci-

ety, Eastern Stars, Charlevoix

Hospital and many other com-

She and Bill enjoyed their re-

tirement in Florida every winter.

They met many friends on their

trips. She cherished her lifelong

friends in Charlevoix. She will be

She is survived by a daughter

and son-in-law, Georgia Lusk

Wis., daughter-in-law, Lorna

Barbara Chambers of Okla-

and Tom Burns of Manitowoc.

Lusk of Lakeville, Minn.; sister,

homa: brother and sister-in-law.

Henry (Butch) and Joni Wagner

of Charlevoix; four grandchil-

dren, Kirstin of Texas, Derek,

Kyle and Jordan, all of Min-

nesota; nine great-grandchil-

In addition to her parents,

stepfather, Keith Wagner, and

in death by her son, Alan.

her husband, she was preceded

will be no services and she will

dren, all of Minnesota; and many

munity projects.

missed by many.

memorial contributions be given to everyone's charity of choice.

The family would like to thank the staff at Boulder Park Terrace, Charlevoix, and Independence Village, Petoskey, for making Shirley's later years comfortable. Thanking all those whom loved and cared for Shirley would take years, so to you, the family owes a debt of gratitude for your friendships throughout Shirley's life.

served on the U.S. Coast Guard Cutter Sundew, stationed in Charlevoix. He and his shipmates rescued the only two survivors of the SS Carl D. Bradley that sank in a storm on November 18, 1958 in Lake Michigan. He retired from the Coast Guard after 20 years on July 1, 1976. He then worked as a security guard at the Big Rock Point power plant in Charlevoix and retired after 27 years.

Charlevoix Rews

VOLUME 6, ISSUE 40

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*Late

Alpe

be cremated.

nieces and nephews.

Shirley's request would be that

As requested by Shirley, there

Arrangements by Winchester Funeral Home of Charlevoix.

Charles "Red" Lent, Sr., 76

(JUNE 8, 1938 - MARCH 21, 2015)



Charles "Red" Lent, Sr. of East Jordan, died Saturday, March 21, 2015, at his home.

He was born on June 8, 1938, in Newberry, Michigan, the son of Otis and Evelyn (Wachter) Lent. He graduated from Newberry High School on June 8, 1956. He joined the United States Coast Guard on June 18, 1956. He

On August 2, 1978, in East Jordan, he married Jean Combest Bennett

Red was an avid fan of the Detroit Tigers and Lions. In his earlier years, he enjoyed hunting and fishing.

He is survived by his wife, Jean Lent of East Jordan; one daughter, Theresa (Chad) Boblenz of Findlay. Ohio: two sons, Charles O. Lent, Jr. of Boyne City and Richard Lent of East Jordan; one step son, Daniel (Melanie) Bennett of East Jordan; one step daughter, Glenda Jean (Chad) Britnell of McBain; thirteen grandchildren; and one sister, Margaret "Peggy" Groh of Suffolk, Virginia. He was preceded in death by one son, Michael Lent.

A memorial service was held Tuesday, March 24, 2015 at the Lighthouse Missionary Church in East Jordan.

Memorials may be given to Lighthouse Missionary Church, 7874 Rogers Road, East Jordan, MI, 49727. Arrangements were handled by the Penzien Funeral Homes, Inc. in East Jordan.



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Charlevoix and Port Huron to become Michigan Main Street Communities

Gov. Rick Snyder recently announced that Charlevoix and Port Huron have been selected as Michigan Main Street communities by the Michigan State Housing Development Authority (MSHDA). The Michigan Main Street program is a comprehensive approach encouraging community participation in economic development and historic preservation.

These two communities will receive five years of intensive technical assistance focused on designing revitalization strategies to attract business investment, economic growth and job creation to the central business districts. Charlevoix's Main Street effort will be led by the city's Downtown Development Authority. Port Huron has organized a nonprofit organization, Main Street Port Huron, to manage their revitalization effort.

"Vibrant downtowns are critical as we look to attract talent and help local businesses grow as we continue to reinvent Michigan," Snyder said. "Charlevoix and Port Huron will now have new opportunities for redevelopment, placemaking, and economic growth, as a result of their Michigan Main Street recognition."

Both Port Huron and Charlevoix were selected through a competitive application process open to all communities that actively participate as an Associate (beginner) level Main Street community. Only Select and Master level communities can use the official Michigan Main Street designation.

"Programs like Michigan Main Street provide downtown communities with the tools needed to develop thriving downtowns," said MSHDA Acting Executive Director Wayne Workman. "In turn, these tools can be used to create jobs, provide desirable places to live and build a sense of place for Michigan residents."

MSHDA works diligently to build thriving and vibrant communities in our state. MSHDA's programs help Michigan residents in four distinct areas: affordable rental housing, supporting homeownership, ending homelessness and creating vibrant cites and neighborhoods.

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

For further information on the Michigan Main Street Program, visit www.michiganmainstreetcenter.org or contact Laura Krizov, manager of the Michigan Main Street Center at 517-241-4237 (krizovl@michigan.gov).

Lottery ticket still unclaimed

Norma Jean Babcock

PELLSTON: A winning lottery ticket worth \$3.5 million remains unclaimed after its purchase at the beginning of the year.

The winning Lotto 47 ticket was purchased at the Pellston General Store on January 17. The ticket has sat unclaimed since that time. The ticket is valid until one year after the drawing date, and residents of Pellston are excited and hopeful that someone will come along and claim the ticket soon.

"I would hope whoever had it would find it, I certainly wouldn't want somebody to lose out on \$3.5 million. Who knows, it could be in a coat pocket somewhere, anywhere really...it could still pop up," says General Store Manager Bill Anderson.

According to the Michigan Lottery, roughly 1% of lottery prizes go unclaimed each year. By press time, the website for the Michigan Lottery shows 9 unclaimed prizes. Of those nine, the oldest is soon to expire. It was purchase in April of 2014 for a win of close to \$57,000 downstate in Dearborn Heights. Also in those nine



unclaimed wins are two \$1 million prizes.

For Pellston citizens the hope is that whoever claims the ticket will consider putting money back into the community, but it has already worked its magic for the General Store.

"People see a store with a big winner and think that's the place to go get them...it's certainly good for traffic," says Anderson.

Lotto 47 has another drawing on Wednesday, this time for a sum of \$2,850,000.

If you think you may have the winning numbers that correspond to the unclaimed ticket, you are encouraged to contact the Michigan Lottery Public Relations Division.



ABOVE: Panache Hair Studio celebrates opening the doors with new owner, Beckah Meyers of Charlevoix, cutting a red ribbon Friday prior to their open house gathering. Supporters holding the ribbon are (from left) downtown development authority Annie Doyle, apprentice Laura Fowler, stylist Melanie Bosman, owner Beckah Meyers,



PIT BULLS

continued from 1A

ble to find the two, and looked for any clues as to their whereabouts. As of last week officers felt that theft of the two dogs was likely, but any connection to dog fighting was not suggested.

After days of no leads, a resident of Crawford County called Animal Control early Monday to report that two pit bulls, which looked much like the descriptions given of Tank and Gunner, were running around Grayling.

Police were able to positively identify the two dogs as Tank and Gunner by the imbedded microchips they had. After being taken in to Animal Control, a Crawford County veterinarian reported that one of the dogs had porcupine quills in his mouth, which were removed before the dogs were given over to Charlevoix County Animal Control.

HOME

continued from 1A

INVASION

also was critical because he

pawned the jewelry so rather than scrap it, he kept it just in

Cutler was also originally

charged with five other home

invasions and a larceny in a

building charge. The district

court dismissed five of those

counts following preliminary

examination finding no proba-

ble cause to believe that the de-

fendant committed the crimes.

The prosecution appealed

this decision and Circuit Court

Judge Charles W. Johnson, sit-

ting by assignment, recently

remanded the cases to the dis-

trict court for reconsideration.

As part of the plea agreement,

felt that something wasn't right when the Defendant

case it turned out to be

stolen."

"I have never been so low and so high in my entire life. The past five days have been the worst five days of my life and today is the best day of my life. I am so happy to have them home where they can be safe and warm," says owner Taylor Crumb.

According to Crumb, the dogs endured the elements for a least a little while as they were returned underweight and with chapped skin. Additionally, the collars for both dogs were missing. These factors lead the owners to feel even more strongly that the dogs were stolen from the home and then dumped at some point.

The investigation into exactly how the dogs ended up in Crawford County is ongoing, but Sheriff Schneider commended the person in Crawford County who reported the dogs, and the Animal Control of that county for their help in catching Tank and Gunner.

the prosecution agreed to withdraw the appeal of these cases and to dismiss the other home invasion charge that was bound over.

Cutler agreed, however, to pay restitution on all of the charges against him, even the dismissed files, and to provide a complete and truthful statement to police regarding all of the cases and how we disposed of the stolen property.

"It was excellent investigation by Deputy Chief Scott Hankins that provided the evidence in these cases. He quickly and thoroughly pursued these cases and as a result, the Defendant will be headed back to prison," Telgenhof explained. "Under the sentencing guidelines it made no difference whether the Defendant was convicted of two of these offenses or seven because the sentences would run concurrently and his prior record ensures a lengthy prison sentence.'

chamber of commerce president Alison Hubbard, friends Jillian Willhelm, Samantha Jerred and (back row) Hadleigh and Tatum McWatters all participating. PHOTO BY M. CHRIS LEESE

RIGHT: Owner Beckah Meyers of Panache hair studio in Charlevoix, places gift flowers and cakes about the salon as guests arrive for the open house and ribbon cutting ceremony Friday. PHOTO BY M. CHRIS LEESE

Calling All Artists - 17th Annual Charlevoix Summer Art Show will take place on June 27 & 28 in East Park

Mark your calendar because the Charlevoix Summer Art Show will take place downtown Charlevoix on Saturday & Sunday, June 27 & 28. Seventy-five artists and craftsmen will be selected to exhibit their work in beautiful East Park over the weekend.

There are still spaces available for quality artists in various mediums including painting, sculpture, photography, mixed media, pastels, ceramics, fiber and more. Charlevoix will be a hub of activity during the last weekend of June, so don't miss out on this fantastic opportunity to present your artwork and unique creations to a multitude of avid shoppers and art lovers from around the country. In addition to the show, there will be local food trucks downtown to cater to the artists and the runners that will also be in town for the Charlevoix Marathon, a Boston qualifying event, taking place on Saturday. Please contact the Charlevoix Chamber of Commerce at 231.547.2101 or info@charlevoix.org for more information. Details and applications are available online at www.charlevoix.org.

Join us as we welcome the arrival of summer at the Charlevoix Summer Art Show, where works of art and scenic views are just a step away.



Health & Wellness

Charlevoix Area Hospital Welcomes New Physician

Charlevoix Area Hospital announces the appointment of gastroenterologist Thomas G. Tietjen, MD, to its growing medical staff.



Dr. Tietjen has extensive training and experience in the management of chronic gastro-intestinal illness, treating ulcerative colitis, colorectal cancer, irritable bowel syndrome, impaired liver function, celiac disease, liver tumors, Crohn's disease, gastroesophageal reflux disease, hereditary hemochromatosis and primary

LEFT: Charlevoix Area Hospital announces the appointment of gastroenterologist Thomas G. Tietjen, MD, to its growing medical staff. COURTESY PHOTO

biliary cirrhosis. He is certified in both internal medicine and gastroenterology and has been named a fellow of both the American College of Physicians and the American Gastroenterological Association.

Dr. Tietjen was admitted to medical school directly from high school at the age of 18. After completing undergraduate and medical school curriculum in just six years at the University of Missouri--Kansas City School of Medicine, he was recruited by University of Nebraska where he completed internship and residency in internal medicine, later serving as Chief Medical Resident.

Dr. Tietjen completed fellowships in both gastroenterology and therapeutic endoscopy at Johns Hopkins Hospital, where he also studied the molecular biology of digestive disease, taught young doctors, published several scientific articles, and helped pioneer novel endoscopic therapeutic techniques.

In 1994, Dr. Tietjen began a career in private practice, so his love of the outdoors naturally led him to seek practice opportunities in areas that are close to the wilderness, first in Wyoming and then in northern Michigan.

Dr. Tietjen's extensive experience and understanding of people has made him a much soughtafter physician, and a welcome addition to the medical staff at Charlevoix Area Hospital.

For more information about Charlevoix Area Hospital, please visit cah.org

Protection is Key to Avoiding Traumatic Brain Injury

By Deb Hagen-Foley

Professional football player Chris Borland or the San Francisco 49ers announced last week that he was retiring from the sport after one season. "From what I've researched and what I've experienced, I don't think it's worth the risk," he told ESPN. What would lead this promising young player to leave the sport?

In recent years, the diagnosis of degenerative brain disease in a number of former professional football players has increased the attention on the potential damage of high impact sports. Researchers at Boston University found signs of CTE, chronic traumatic encephalopathy, in former football players whose brains were analyzed after their deaths.

CTE is thought to be caused by repeated blows to the head. Symptoms, which begin years after players have retired from the sport, include impaired learning and memory loss. Sports-related injuries account for approximately 20% of traumatic brain injuries (TBIs) reported in the United States.

Injuries can be prevented or reduced in severity through wearing helmets, but repeated impacts to the brain can lead to serious negative consequences. More than 4,800 former players have sued the NFL over concussions in recent years. Hundreds of former NFL players have been diagnosed with conditions resulting from brain injuries: ALS, Parkinson's, and dementia, among others. March is Brain Injury Awareness Month. According to the Brain Injury Association of America, an estimated 1.7 mil-



Mild traumatic brain injuries (MTBI) account for a majority of brain injuries reported annually. GRAPHIC BY 123RECOM

lion children and adults in the U.S. sustain a traumatic brain injury (TBI) and another 795,000 individuals sustain an acquired brain injury (ABI) from nontraumatic causes each year. More than 58,000 Michigan residents sustain a TBI annually, according to the Michigan Public Health Institute. More than 3.1 million children and adults live with a lifelong disability as a result of TBI and an estimated 1.1 million have a stroke-related disability. Medical and indirect costs of TBI, such as loss of productivity, in the United States

are more likely to die from their injuries than younger persons.

In all age groups, TBI rates are higher for males than females. The leading causes of TBI are: Falls (40.5%), motor vehicle/traffic accidents (14.2%), struck by/against events (15.5%) and assaults (10.7%). Falls are the leading cause of TBI among children aged 0 to 14 (50%) and accounted for 61% of TBIs among adults 65 years and older. Motor vehicle crashes and traffic related incidents resulted in the largest percentage of TBI related deaths (31.8%).

Traumatic brain injury (TBI) is defined as an alteration in brain function, or other evidence of brain pathology, caused by an external force. Motor vehicle accidents and gunshot are common causes. Sports injuries, assaults, or falling and striking your head can also results in TBI. TBI is common to many troops returning from Iraq as a result of an improvised explosive device or a rocket hitting a vehicle. They may have no outward signs of injury, but the pressure of the blast itself could have rattled the brain resulting in a TBI.

About 75% of TBIs are considered Mild Traumatic Brain Inconfusion or disorientation, loss of memory for brief periods immediately prior to or after the event, or brief loss of consciousness. More severe TBI result in a loss of consciousness of more than 30 minutes and/or longer periods of memory loss, more than 24 hours. Many MTBIs are not reported. The actual incidence of MTBI is considerably higher than 1.25 million annually.

Brain injury is classified as mild, moderate or severe using the Glasgow Coma Scale, a measure of coma and impaired consciousness. The term Mild Traumatic Brain Injury does not describe the severity of the outcomes of MTBI. A brief period loss of consciousness or memory loss as the result of a blow to the head can affect the ability to complete routine, daily activities and the ability to return to work. Following an MTBI, individuals can experience: Problems with memory, concentration, and emotional control, headaches, fatigue, irritability, blurred vision or seizures. Researchers report unemployment rates three months following injury among previously employed MTBI victims as 34 percent. In 2012, the NFL introduced stricter guidelines regarding when players could return to work after suffering a concussion. The frequency of TBI can be reduced through prevention. Life can change in an instant. Brain injuries can happen in an instant and change a life forever. Knowing the symptoms of TBI and getting immediate treatment can reduce the severity and assist individuals in coping with the long-term consequences of TBI.

Area Schools receive School Safety Grant

The Michigan State Police (MSP) today announced that 56 public school districts, 15 private schools, 11 charter schools and five sheriff's departments will receive \$4 million in state grants to purchase equipment and/or technology to improve the safety and security of school buildings, students and staff. Over 217,500 students will benefit from these safety improvements. Among those receiving grant funding in our area are Central Lake Public Schools (\$31,198) and **Charlevoix Public Schools** (\$25,667).

"The safety of our students and educators is of paramount importance," said MSP Director Col. Kriste Kibbey Etue. "This Competitive School Safety Grant Program will help schools to make improvements that will provide a safer and more secure learning environment."

A complete list of award recipients is available at www.michigan.gov/cjgrants. Grant recipients have until Sept. 15, 2015, to spend their awards.

There were 289 applications received, totaling over \$46 million in requests. Of the \$4 million appropriated for the Competitive School Safety Grant Program, 80 percent was required to be awarded to K-12 schools and 20 percent to sheriff's departments. No state agencies received funding under this program.

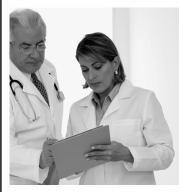
Grant applications were re-

are in excess of \$76 billion annually.

Children aged 0 to 4 years, adolescents aged 15 to 19 and adults aged 65 or over are most likely to sustain a TBI, according to the Center for Disease Control. Persons aged 75 and older have the highest rates of TBI-related hospitalization and death. They are 4-5 times more likely to be admitted to a longterm care facility following a TBI. Persons in this age group also recover more slowly and jury (MTBI). Acquired brain injury (ABI) includes all types of traumatic brain injuries and also brain injuries caused after birth by cerebral vascular accidents (commonly known as stroke), and loss of oxygen to the brain (hypoxic brain injury).

Mild traumatic brain injuries (MTBI) account for a majority of brain injuries reported annually. MTBI occurs when a sudden impact or forceful movement of the head results in an altered mental state, such as viewed by a committee that included representatives from the MSP, Michigan Department of Education, Michigan Sheriffs' Association, Michigan Association of Chiefs of Police, Michigan Association of Nonpublic Schools and the Executive Office of the Governor. The review committee gave priority to proposals that sought to secure access points at school buildings, as this is one of the best and most cost effective ways to improve school safety and security.





BEAUTY SALON

Carriage Clippery 308 South Otsego,Gaylord 989-732-5094

OrigiNAILS by Shelley 200 Fairview St.,Gaylord 989-732-7100

DENTIST

Mio Family Dentistry 107 East 8th St.,Mio 989-826-626

Main Oak Family Dentistry 219 East Main St. Gaylord 989-732-6271 www.mainoak.com



FITNESS FACILITY

Otsego County Sportsplex

1250 Gornick Ave., Gaylord 989-731-3546 www.ocsportsplex.com

Otsego County Community Center

315 S. Center, Gaylord 989-732-6521 www.otsegocountyparksrec.com

FITNESS FACILITY

Powerhouse Gym 1044 W. Main, Gaylord 989-732-0744 www.gaylordsgym.com

HOME HEALTH CARE

Health Dept. of NW Michigan 220 W. Garfield, Charlevoix 231-547-6092 www.nwhealth.org

Northern Management Services

657 Chestnut Ct. .Gaylord 989-732-6374 www.northernmanagement.org

HOSPITALS

McLaren Northern Michigan 416 Connable Ave., Petoskey (800) 248-6777 northernhealth.org

HOSPITALS

Mercy Hospital 1100 Michigan Ave., Grayling 989-348-5461 www.mercygrayling.com

Charlevoix Area Hospital 14700 Lake Shore Dr.,Charlevoix 231-547-8630 www.cah.org

Otsego Memorial Hospital

825 North Center,Gaylord 989-731-2100 www.MyOMH.org

LIFE COACH

Life Coaching by Timothy Gaylord (989)217-1969 tim4coach@gmail.com www.lifecoachingbytimothy.com

MASSAGE THERAPY

The Naturalist 1029 Gornick Ave., Gaylord 989-705-1451

Self Heal Massage/ Body Work/Energy Medicine Cathy Brink NCMP/AMTA,

Cathy Brink NCMP/AMTA, Reiki Master/Teacher 1029 Gornick Ave.,Alpine Suite #103 989-619-6282

NUTRITION & SUPPLEMENTS

General Nutrition Centers 1417 W. Main St., Pineridge Square Gaylord, MI 49735-1755 989-731-6363

Four Star Nutrition

604 W. Main, Gaylord 989-448-8618 www.fourstarnutrition.net

PHARMACY

Central Drug Store 301 Bridge St. Charlevoix 231-547-242 www.central-drug.com

PHYSICAL THERAPY

Jordan Valley Rehabilitation Center 100 Main St # 9, East Jordan 231-536-1451

Boyne Rehabilitation Center 197 State St, Boyne City 231-582-6365

SENIOR ASSISTANCE

Otsego County COA 120 Grandview Blvd.,Gaylord 989-732-1122 www.otsegocountycoa.org

Crawford County COA 308 Lawndale St., Grayling 989-348-8342 www.crawfordcoa.org

Seniors Helping Seniors

221 E. Felshaw St., Gaylord 989-448-8323 www.seniorshelpingseniors.com/ northernmichigan

Charlevoix County

Commission on Aging 218 West Garfield St. Charlevoix 231-237-0103 www.charlevoixcounty.org/coa.asp

WALK-IN CLINIC

OMH Medical Group – Boyne Valley 2572 North US 131 Elmira 989-731-7700 www.MyOMH.org

News Spring is perfect time for tracking birds!

Michigan's five birding trails offer wildlife-viewing adventure

Those looking for an outdoor adventure this spring are encouraged to give birding trails a try! With increasing popularity, birding trails are popping up along Michigan's scenic roadways. Now with five different trails to explore, for the beginning birder or the seasoned veteran, wildlife-viewing hot spots have never been easier to find and enjoy

With prime birding areas noted along well-known driving routes, a birding trail is like a treasure hunt for those looking to get out and enjoy Michigan's outdoors. Birding trail stops are typically in county parks, nature preserves or Department of Natural Resources' state parks or wildlife areas - allowing access to all who are interested. Visits in May and

June will provide the greatest opportunity to witness both migrant and nesting birds. Routes also include many options for amenities such as restaurants, hotels and campgrounds

Five birding trails, each offering unique experiences, are located around the state:

Superior Birding Trail -Along Michigan's oldest birding trail, bird species and other wildlife can be found at 10 sites along 150 miles in the Upper Peninsula, from Seney National Wildlife Refuge to Whitefish Point.

Sleeping Bear Birding Trail – This new trail is 123 miles long, running from Manistee to Traverse City along the scenic M-22 highway and Lake Michigan shoreline, and

contains more than 35 birding sites including a "bonus loop."

Beaver Island Birding Trail – "The Emerald Isle of Michigan Birding," this new trail is located entirely on Lake Michigan's largest island, encompassing 35 sites on over 100 miles of roads.

Saginaw Bay Birding Trail -This new, 142-mile trail follows the Lake Huron shoreline, stretching from Port Crescent to Tawas Point State Park with more than 20 birding sites.

Sunrise Coast Birding Trail – Soaring along the Lake Huron coast, Michigan's newest trail features 28 sites along its 296-mile route from the Au Sable River in Oscoda to Mackinaw City.

Birding trails promote wildlife viewing and conservation education, and provide economic benefit to local communities. Birding is a great way to enjoy the diversity of Michigan's wildlife and habitats and to build an appreciation of the state's unique natural resources. These trails are made possible through the efforts of, and partnerships between, Michigan Audubon chapters, government agencies, land conservancies, private industries and many dedicated individuals working together to create more opportunities to experience the outdoors and visit local communities.

For more information, visit the Michigan Audubon Society birding trail website or www.michigan.gov/wildlife.

ABATE urges motorcyclists to get Michigan cycle endorsement

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

After the extremely cold winter of 2014-2015 a warmer March weather has brought motorcycles back into the traffic mix in Michigan. ABATE of Michigan urges motorcyclists to get a cycle endorsement as required by Michigan law. According to the Michigan Office of Highway Safety Planning: more than 50% of all riders in motorcycle crashes in 2013 were not endorsed.

To get a Michigan motorcycle endorsement a cyclist must pass a written test and a riding skill test, or successfully complete an approved motorcycle safety class. The state's Rider Skills Test, or RST, was developed by the Motorcycle Safety Foundation (MSF) and consists of several riding exercises. The rider must do a 12 foot cone weave, a normal nonskidding stop, a sharp right turn, a U-turn in a box, a quick stop straight, and an obstacle swerve. This test is administered by 3rd party testers across the state. This test can be done on any size motorcycle and with slight alteration is also used for 3 wheel motorcycles.

Motorcycle Safety classes start this week in the Detroit area. Listing of all motorcycle safety classes statewide are posted on the Michigan Secretary of State web site. Public Classes are only \$25.00 per class statewide. A home study computer program called the eCourse will allow students to complete the beginner class portion of the course before the 1st class session.

ABATE of Michigan has been successful in keeping the motorcycle safety program funded since 1982. Five times ABATE has initiated legislation to keep this fund

solvent and available to the Michigan motorcyclist. Since 1989, according to ABATE President, Vince Consiglio, "over 40 % of Michigan motorcyclist's fatalities, each and every year, didn't have a cycle endorsement."

HB 4871 was introduced in 2014 by Representative Brad Jacobson to limit the number of temporary instructional permits. This bill was passed and signed by the governor in 2014. Jim Rhoades, Legislative Officer for ABATE of Michigan stated, "passage of this legislation is a positive starting point in reducing motorcycle fatalities here in Michigan and is addressing the problem."

ABATE of Michigan urges car drivers to, "LOOK Twice and Save a Life," motorcycles are everywhere. Cars turning left at intersections are high on the list of factors in motorcycle-car accidents. Motorcycles handle differently than cars and in inclement weather giving more space to motorcycles is a good safety precaution. Share the road with motorcycles, not the lane.

ABATE of Michigan supports public and private motorcycle rider education. A current list of motorcycle rider education classes can be found at the Michigan Secretary of State website. Abate of Michigan has partnered with public schools and private driving instructors to teach more than 80,000 new drivers about motorcycle awareness, using resources donated by ABATE members.

ABATE of Michigan is a nonprofit organization dedicated to preserving the overall rights and promoting the safe operating practices of all Michigan motorcyclists.

LETTERS TO THE EDITOR

Letters may be submitted by e-mail to office@CharlevoixCountyNews.com. perintendent, Butch Breakey,

CIGARETTE TAX

Dear Editor,

I recently read an article that talked about the FY 2016 budget, President Obama urged Congress to increase the federal cigarette tax by 94 cents per pack and also increase taxes on other tobacco products. The tobacco tax changes would raise \$95.1 billion in new revenue over 10 years. The budget proposes to use these funds to pay for an extension of the Children's Health Insurance program (CHIP) and fund early childhood education initiatives proposed by the President. I understand that many people do not like the idea of raising taxes, but in this case it could save lives. The evidence is clear that increasing the tobacco tax is one of the most effective ways to reduce smoking and other tobacco use, especially among kids. The need for Congress to act to increase tobacco taxes and expand cessation services is clear. While our nation has made tremendous progress in reducing smoking, tobacco use remains the number one cause of preventable death in our country. It is time for some positive change.

WEATHER REPORT

To the Editor,

Extended Weather Report, East Jordan, Michigan

Coldest on Record 2015, -200 Fahrenheit for days, maybe even weeks - no average stats for the year yet - foreshadows a potential quandary in the offing. Many, residents and city personnel alike, tried to stave the onslaught of cliwhether streets could be left covered with snow and ice throughout winters, the anticipated answer was that it would be impracticable since snowplowing is a heritage, and indeed the town has done very well in keeping streets, roads, sidewalks, public utilities &c free from snows and snowdrifts. Residents have to drive, schoolkids walk, trucks deliver, EMS and fire vehicles have

the unavoidable occurs and waterworks are rerouted tapping fire hydrants, nearby homes, wherever the nearest functioning water might be, then leave water running which is clearly a waste of water and water pressure, an irksome proposition for most. In at least one known circumstance a water tap was left running overnight, functioned through part of the morning but the pipe under a street froze at a point an-

determinants are leaving water taps running 24/7 for months, rebating actual meter overruns according to past bills, offer only token rebates that do not cover costs to homeowners, leave more snow on the ground, plan to continue the temporary rerouting at need, or do nothing and wait for weather reports. It's disconcerting to ponder conundrums that have no reliable answers but for these that offer only negative bal-



Michigan's five birding trails offer beginning birders and wildlife-viewing enthusiasts

plenty of opportunity to enjoy the outdoors this spring. (COURTESY OF DNR)

Nichole Cyr, Petoskey

mate change. One issue that emerged is snow cover, our snowy past plausibly aiding in insulating underground waterworks. Streets are kept clearer than yesteryear which would logically allow cold to penetrate more.

Varying scenarios came to the fore as to frozen pipelines, viz. meters, exposed household pipes, underground pipes, lack of pencil-thin running water faucet allowance, but the unprecedented cold superseded all efforts. Some areas of town are reportedly more vulnerable than others, the quadrant bordered by Second Street and Fifth, Mill Street and Nicholls being the most fragile, accounting for a majority of the 85 homes without water of the total 1045, this info through Tom Cannon, newly ensconced City Manager but Tom's been the hands-on Parks guy for years. Inquiring of our past DPW Suto navigate streets and roads, pedestrians sidewalks and driveways.

The real quandary comes to letting taps run and being compensated for higher water bills quarterly. A \$75 rebate for having done so hardly equates to bills that can reach \$800, perhaps the sky's the limit on cost. That's asking too much of residents who can't afford higher bills, the quandary coming down to: are we willing or able to pay more to ostensibly prevent our pipes from freezing? Consequently we will find that some will not let taps run and waterlines will freeze whether at the meter or laterally underground. The variance as said is due to locations most vulnerable, that is, least snow cover. As DPW worker Joe Prevo said, "You have to have heat and you have to have water" - granted lest we return to primitive life. Thus

terior to the home meter which did not freeze though the posterior home water supply trickled to a halt ultimately - inasmuch as to infer that even a running water tap might not prevent results of extreme weather conditions.

Since it's fairly obvious that the city can't excavate every street to replace pipes at deeper elevations - frost can penetrate deeply, even to eight feet as relayed, perhaps deeper – such work would need to be accomplished via grant/loan applications in incremental scheduling, not all at once. Locally the building code reputedly calls for a 48inch depth for foundation footings so clearly some extant pipework is shallower but tearing up paved streets is problematic due to vehicle traffic and parking even in summer weather, hardly an inexpensive fix.

Therefore the only available

ance.

Global warming, so-called, is melting the Polar Regions but climate change in total is changing weather patterns throughout the planet in unanticipated ways. As homeowners all we can do is watch weather reports, wait for spring equinox and summer solstice, and monitor water flow as much as possible come future winter solstices but tensions are sure to rise at inflated water bills.

Well-intentioned honesty from all quarters is wanted but might not always be forthcoming. We'd all prefer not to go through another winter like 2015, or if we must a comprehensive plan is desired. In other words we unexpectedly need to know more about what we didn't know and can't know yet.

Mitchell Jon MacKay, East Jordan

Juvenile	2
Larceny	0
Lockout	7
Lost Property	0
Malicious Destruction of Prope	rty3
Mental Subject	2
Minor In Possession	0
Miscellaneous Criminal	0
Missing Person	0
Noise Complaint	
Operating Under the Influence	0
Paper Service	.10
Parking Violation	0
Personal Injury Accident	0
Personal Protection Order	0
Private Property Accident	3
Property Check	.22
Property Damage Accident	1
Prowler	0
Road Hazard	3
Stalking	0
Suspicious Situation	5
Threat	0
Traffic Stop	.45
Trespassing	1
Unknown Accident	1
Unlawful Driving Away of	
Automobile	0
Vehicle in the Ditch	0
Violation of Controlled Substar	ice
Act	0

BOYNE CITY POLICE DEPT.

MONDAY, MARCH 2

0800 IRS fraud complaint in the 300 block of N Park St 0822 Warrant arrest in the 1000 block of Boyne Av

1019 Report of vehicle taken without permission over the weekend

1042 Report of vehicle blocking the alley behind the 100 block of E Water St

1417 Report of lost wallet in last 2 weeks

1521 Report of possible income tax fraud in the 900 block of Wilson St. Referred to IRS

1548 Suspicious situation in the 600 block of Beardsley 1836 Welfare check in the 300 block of Vogel St

TUESDAY, MARCH 3RD

0600 Threats complaint from N East St 0807 Truck in the ditch at Boyne Av near Brockway.

0814 Civil issue reported from W Division St 0846 Suspicious situation reported in the 200 block of E Division St.

0916 Found Golden Retriever running at large at Lake and Main.

2059 Arrested subject for violation of license restrictions. Citation also issued for speed at N. Lake and Vogel St.

2114 Parking violation on Morgan St. 2237 Road hazard N. Park

and Groveland.

WEDNESDAY, MARCH 4

0030 Threats complaint received from Groveland St 0751 Assist Sheriff Dept with traffic control for personal injury accident on M-75 N and

South Shore Dr 0925 2 vehicle injury accident at State and Cozy Nook. Citation issued for Fail to Yield 1500 Citation issued for speed at Lewis and Division St 1507 Citation issued for speed on Beardsley

THURSDAY, MARCH 5

1152 Assist EMS on Hawkridge

1226 Vehicle unlock with infant in car in the 100 block of E Pine St

1242 Vehicle unlock in the 300 block of N Park

1632 Juvenile complaint in the 1000 block of Boyne Av 2105 Civil complaint in the

300 block of Vogel St 2141 Assist EMS in the 300 block of Silver St.

2216 Warrant attempt for MSP in the 300 block of E Division St.

FRIDAY, MARCH 6

0608 Car deer accident on Boyne City Rd at Court St 0631 Vehicle unlock in the Industrial Park

0906 Larceny complaint in the 1300 block of Boyne Av 1048 Found property in the 1300 block of Boyne Av

1303 Report of abandoned vehicle in the 200 block of Front St

1403 Road hazard at Boyne Av and Pearl St

1739 Suspicious subject in the 1300 block of Boyne Ave. 1857 Suspicious situation in the 200 block of State St.

SATURDAY, MARCH 7

the 800 block of N Lake St. 1645 Vehicle unlock in the 800 block of S Park St 2300 Assisted Sheriff Dept

SUNDAY, MARCH 8

0800 Report of lost keys 0800 Report of lost black leather heart monitor case downtown

1017 Report of a dog running at large on Lewis Ave 1336 Harassment com-

plaint in the 300 block of E Division St

CHX. COUNTY SHERIFFS DEPT.

March 16-22 911 Hang Up Call.....2 Abandoned Vehicle1 Abuse.....0 Alarm5 Animal Complaint.....16 Annoyance.....0 Assault0 Assist Citizen2 Assist Motorist2 Assist Other Agency9 Attempt to Locate0 Attempted Suicide0 Bank Alarm0 Boating Accident0 Boating Violation.....0 Breaking & Entering3 Car/Deer Accident8 Citations Issued12 Civil Complaint.....4 Criminal Sexual Conduct0 Death0 Disorderly Person.....0 Disturbance.....0 DNR Complaint2 Domestic Dispute3 Driving Complaint7 Fireworks Complaint0 Found Property2 Fraud1 Health & Safety1 Hit & Run......3

Intoxicated Person.....2

1400 Harassment complaint in the 300 block of Vogel.

1614 Juvenile complaint in

with a disturbance on US-131 S.

Students

Boyne Falls High School student competes in Poetry Out Loud State Championship



Sean Lynch with mother, Erika Hayden, at Lansing Community College's Dart Auditorium where Sean competed in his third consecutive Poetry Out Loud State Championship on March 13th. COURTESY PHOTO

Sean Lynch, an eleventh grade student from Boyne Falls High School, returned to the grand stage once again to compete in his third consecutive Poetry Out Loud State Championship at Lansing Community College's Dart Auditorium on Friday, March 13th. Sean recited "The Man He Killed" by Thomas Hardy and "The Song of the Powers" by David Mason.

"He certainly woke the audience up," commented Jeff Garver, Sean's poetry coach and language arts instructor. "When he came out with his first poem, he literally trumpeted it across the auditorium. He was strong with that Thomas Hardy poem, and he definitely conveyed passion in his recitation. He was thundering. Sean did a great job in the second round as well, bringing three different voices into his poem."

The competition, presented in partnership with the Michigan Humanities Council, the National Endowment for the Arts, and The Poetry Foundation, is part of a national program that encourages high school students to learn about great poetry through memorization, performance, and competition. Thirty two high school students from across the state participated this year in Michigan's Poetry Out Loud State Championship.

When asked to comment regarding his experience at the state finals, Sean remarked, "Poetry Out Loud has helped shape my high school career and has launched me into areas I would have never anticipated. The opportunity to speak on stage has improved my confidence and even made me more comfortable speaking in small groups. I love being involved. It's just a really great experience."

Ellsworth Community Schools celebrate Pi Day

Last week Ellsworth Community School middle and high school students celebrated Pi Day in honor of the irrational number pi. Pi is a special decimal number in mathematics that has no repeating pattern – it keeps going infinitely.

The first eight digits of pi are 3.1415926, which makes this year is the "Pi Day of the Century"; 3.14.15. Students celebrated by eating pie at an assembly at 9:26 AM. Then, each class nominated a student to memorize and recite as many digits of pi as they could. This year's winner Katelyn Sowers memorized an astounding 267 digits. The overall results were:

- 7th grade: Aria Blackford 33 digits

- 10th grade: Sam Rasmussen 40 digits





Last week Ellsworth Community School middle and high school students celebrated Pi Day in honor of the irrational number pi. COURTESY PHOTO

wold 46 digits

- 6th grade: Jaeger Gris-

9th grade: Daniel
Oviedo 61digits

11th grade: Sharnjeet

Dhillon 100 digits

8th grade: Kevin Dickinson 151 digits
12th grade: Katelyn

Sowers 267 digits

To give everyone an idea
of what means, Katelyn recited from memory the fol-

lowing numbers in order: 3.14159265358979323846264 33832795028841971693993751 05820974944592307816406286 20899862803482534211706798 21480865132823066470938446 09550582231725359408128481 11745028410270193852110555 96446229489549303819644288 10975665933446128475648233

Boyne Falls High School Student of the Week



Micheal Whennan II

Grade: 9 Parent(s): Alice and David Whennan FUTURE PLANS/GOALS: : Interested in the medical field and writing School Activities: Robotics

Hobbies and Interests: Video games and reading/writing Favorite Book:

LEFT: The top two students reciting the numbers that make up pi from memory were; Katelyn Sowers (at right) with 267 digits and Kevin Dickinson, (at left) with 151 digits! COURTESY PHOTO 78678316527120190914564856 692346034

A video of Katelyn's recitation can be seen on the Ellsworth Community School Facebook page; www.facebook.com/Ellswo rthLancers

"The Name of The Wind" by Patrick Rothfuss

Staff Comments:

"Micheal is doing a great job in the classroom. He is putting in the effort it takes to be successful. Micheal is polite, contributes, and a pleasure to have in class. He is also a member of the robotic team, the Boyne Falls Shock. Micheal is a student who represents Boyne Falls Public School in a positive way. Keep up the good work!" – Jason Stolarski

Concord Academy Boyne presents "Guys and Dolls"



The 35 members of the High School Drama Class invite the public to attend their performances of the musical "Guys and Dolls" on April 23 - 25th at 7pm. Courtesy photo

Concord Academy Boyne would like to announce their Spring Musical "GUYS and DOLLS".

Emma Welch is playing Sarah Brown a member of the Save-ASoul Mission. Noah Jergenson plays Sky Masterson, a renowned gambler, makes a bet that he can win the heart of Sarah Brown but finds himself in an awkward position as he falls in love with her. Josh Meicher plays Nathan Detroit, a local gambler who has been engaged to Miss Adelaide (Bethany Priest). She is the star performer with the Hot Box Club girls and is tired of her 14-year engagement to Nathan. Many beautiful, well known songs "I'll Know", "Bushel and a Peck", "Luck Be a Lady", "Sit Down, You're Rockin' the Boat" enhance the storyline.

The 35 members of the High School Drama Class invite the public to attend their performances April 23 - 25th at 7pm. General Tickets are \$5. For Reserved seats (\$10), please call the school 231-582-0194 and leave a message at ext. 202.

A special Matinee on Saturday the 25th at 2pm will be honoring our Senior Citizens who are able to have a reserved seat for \$5. All other tickets are general seating at \$5. For more information, please call Concord.

Award recipients announced for Charlevoix Circle of Arts "Spotlight on Innovation" exhibit

Awards were announced at the opening reception of Spotlight on Innovation, an exhibit highlighting the creative works of students in Grades 7-12. The show, which runs through April 12, features 125 works by students from East Jordan, Boyne City, Charlevoix, Beaver Island, Concord Academy – Boyne and Northwest Academy.

Todd Warner, Exhibits Committee chair and juror, told the audience that choosing the "Stars" of the exhibit was very difficult due to the high caliber of work produced by the students. Rather than naming first, second and third places, three artists were chosen top

"Stars". Lauren Kwapizs, Grade 9, Northwest Academy, for "Self Portrait" digital media/graphic tablet; Celestia McGeorge, Grade 11, Concord Academy Boyne, untitled/charcoal; Elora Wingo, Grade 12, Charlevoix, "Self-Portrait" drawing.

The top "Stars" will each receive \$100.00 donated by Charlevoix galleries: Bier Gallery/Artists North, Cycling Salamander, Round Lake Gallery, and Elements.

Honorable Mention was given to the following:

Concord-Boyne: Sarah Grose, Gr.12 "Puffin" colored pencil and "Behind the Stage" digital media and drawing; Lacey Kotalek, Grade 11, "Leopard"in colored pencil, and Chloe Meicher, Gr. 10 "Lion" in colored pencil.

Boyne City High School: Eliza-

beth Mansfield, Gr.10, glazed stoneware; Abigail Hills, "Masks" charcoal/chalk pastels; Morgan Keits, Gr.12, "Emotionless" watercolor and acrylic; Kelsi Campbell, Gr.10, "Boats at Dawn" watercolor and acrylic; and Houston Spencer, Gr.9 "Dragon" in pencil.

East Jordan: Delaney Behling, Gr12, "Blue Heron", acrylic on glass; Charlie Domenski, Gr.10, "Bottom of the River" wood burning; and Lacole Suess, Gr.10 "Perception" digital photo of her drawing.

Beaver Island: Madelynn Martin, Gr.12 Kendall Portfolio; and Emily Burton, Gr.11, Life's Window" digital art.

Northwest Academy: Kayla Clark, Gr.10 "Bethany" in charcoal.

Charlevoix: Hannah Ochs, Gr 9, "Admiration" spray paint ; Jenna Guthrie: Gr.10, "graphite"; Thea Ottesen, Gr.11, "Another Angle of Natasja Saad" scratch board; Cedar Strzewzski, Gr.11, "Owls at Night", scratch board; and Hero Parker- Drost, Gr12, "Abe" in silver point.

A big thank you to all the instructors: Monica Malboeuf, Concord Boyne; John Guirey, Charlevoix; Pat Tinney, East Jordan, Marlene Weiser, Beaver Island; Jim Beckering, Boyne City; and Mike Rosteck, Northwest Academy, who are truly dedicated and passionate about their students.

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

Charlevoix Easter Egg Hunt in East Park takes place April 4th

Charlevoix State Bank and the Charlevoix Area Chamber of Commerce team up to host the 23rd Annual Easter Egg Hunt downtown Charlevoix in East Park on Saturday, April 4th at 2:00pm sharp.

Energize for the Egg Hunt with the Easter Bunny Luncheon being offered from 11:00 a.m. to 1:30 p.m. at Stafford's Weathervane Restaurant. Enjoy a delicious meal with your family, then get your picture taken with the Easter

Bunny, compliments of Picture This. Please call 547-4311 for reservations.

Come out for some extra fun this year because in addition to the Egg Hunt, Charlevoix State Bank will have goody bags for the first 250 kids to arrive onsite. There will also be face painting and story time in the park following the egg hunt. Stories include Who Hops by Katie Davis, From Head to Toe by Eric Carle, and Where is the Green Sheep by Mem Fox. So

bring your basket full of eggs and gather around the center plaza for story time by Angie Reynolds. Story books provided by the Charlevoix Public Library.

As always, the event is free for children up to 10 years old. Age groups are 2 years old and under, 3-4 years, 5-6 years and 7-10 years. The hunt will include 3000 prize filled eggs and some special golden eggs. So bring your Easter basket and be ready at 2:00 p.m. sharp so you don't miss out!

And as if that weren't enough, area shops and restaurants invite you to enjoy a special Easter Open House event at participating businesses. Throughout the day, merchants will offer specials including sales, refreshments, raffles, giveaways and more. Select restaurants will host Easter specials, brunch or dinner. For a complete list of participating merchants and restaurants please visit www.charlevoix.org.

We hope to see you there for an EGG-stra fun day in Charlevoix! For more information contact the Charlevoix Area Chamber of Commerce at 231.547.2101 or visit www.charlevoix.org.

KorthaseFlinn Donates on Behalf of Clients to Local Charities

KorthaseFlinn Insurance and Financial Services announced that local charities received \$5,000 on behalf of the agency's clients, who voted for their favorite local nonprofit organization in conjunction with the KorthaseFlinn holiday giving program. This represents the third year in which Korthase-Flinn clients have directed the firm's holiday contributions.

gram is a way for our Team to support local organizations that focus on what really matters-strengthening our communities," said KorthaseFlinn President Randy Flinn, who added, "Many of our clients share our commitment to community, so donating on their behalf is an opportunity to make our gift to them more meaningful."

The following organizations were recipients of the recent contributions:

- The Women's Resource Center of Northern Michigan

- The Care & Share Pantry of East Jordan

- Boyne Community Christmas - The Manna Food Project of Harbor Springs
 - Good Samaritan of Ellsworth
- The Friendship Centers of



KorthaseFlinn Insurance and Financial Services announced that local charities received \$5,000 on behalf of the agency's clients, who voted for their favorite local nonprofit organization in conjunction "The holiday donation pro- with the KorthaseFlinn holiday giving program.

COURTESY PHOTO

Emmet County - The Nehemiah Project of

> Petoskev - Compassionate Hearts of Boyne

City KorthaseFlinn employees pre-

sented checks to each recipient during a luncheon at Cafe Santé in Boyne City on March 11.

"I appreciate your generous donation to the Women's Resource Center," said Jan Mancinelli, Executive Director for the Women's Resource Center of Northern Michigan, who added, "Your decision to make these donations to nonprofits – and to allow your customers to help determine who receives the funds is a great way to support the community. We were honored to have been chosen as one of the recipients."

BOYNE CITY Friday Night Film Festival at Boyne Library

The Friends of the Boyne District Library are starting a new Friday Night Film Festival with showtimes at 6:30 p.m. Snacks are available for a donation. March 27: The Love Punch, Some British froth from Emma Thompson and Pierce Brosnan (2014, PG-13).

EAST JORDAN **12th Annual Maple Syrup Open House**

Saturday, March 28, Martha 10am-2pm. Wagbo Farm. Syrup tastings, Maple treats, Sugar Shack tours, a petting

Presbyterian Church of Boyne City will sponsor a Community Easter Egg Hunt at 1 p.m. All ages are welcome, and bags are provided. For more information, call 231-582-7983. YOUNG STATE PARK is holding their annual Easter Egg Hunt at 11 a.m. Saturday, April 4.

Charlevoix State Bank and the Charlevoix Area Chamber of Commerce team

up to host the 23rd Annual Easter Egg Hunt downtown Charlevoix in East

Park on Saturday, April 4th at 2:00pm sharp. COURTESY PHOTO

CHARLEVOIX Grief and the Journey to Healing

Tuesday, April 7, 6:30pm. Charlevoix County Library. With Dave Behling and Amy Weiland.

CHARLEVOIX

Chamber of Commerce

class is sponsored by the Charlevoix Library and the Moms & Tots Center. For more information please contact the Moms Tots Center & at 231.588.2200.

BOYNE CITY **Cancer Crusaders '50's Dance Fundraiser**

April 18, 6pm - midnight. Northern Michigan Cancer Crusaders 50's Dance Party fundraiser. Eagle's Hall, 106 River Street, Boyne City. Music by TNT + Tim the DJ. Twist Contest, Celebrity Performers, Prizes, Cash Bar, Silent and Ticket Auctions. Come dressed as a 50/60's personality for a chance to win a prize. \$6 donation. 100 percent of money raised goes to individuals with cancer to assist with gas card to get to treatments, lodging, medical expenses and prosthetics. For more information contact Gail Farley at (231) 582-2424.

tions and organizationsincluding many area Youth programs. Tickets are \$150 - admits two for a gourmet dinner, refreshments including cocktails, beer, wine. Ticket buyers need not be present to participate in the cash drawings.

NEWS BRIEFS

BOYNE CITY Paint the Town Red

April 25, 6pm. "Paint the Town Red" gala fundraiser for Bovne City Public Schools at Boyne Mountain Resort.

CHARLEVOIX WinterFolk Concert Series; Whiskey Charmers

janso@ja.org or call 231-582-4660.

BOYNE CITY Boyne Volunteer Network

Boyne volunteer network is a joint project of the Boyne District Library, Boyne City Main Street Program and the Boyne Area Chamber of Commerce. It's easy to participate - just go to www.boynevolunteers.org and fill out the application form, which will tell us your skills, interests and contact information. We will contact you later about volunteer opportunities that may interest you. If you have questions or would like to learn more about how to ining church for families. There are crafts, Bible stories learning about the God who loves you, songs, and free meal. Children must be accompanied by parent or adult. This is a non-denominational event which takes place on the first Sunday of each month at 4 - 6 pm at the Charlevoix United Methodist Church, 104 State St. Your call is appreciated for meal count at 547-2654.

CHARLEVOIX COUNTY Seniors ride free

Residents aged 60 and over will now be able to the Charlevoix ride County Transit free of charge within Charlevoix

County. Seniors please

of

the

zoo, kids activities, nature hikes to the Sugarbush, music and more. This year will feature mini workshops and a traditional Easter Egg Hunt with Mapley prizes! (FYI no plastic Easter Eggs filled with candy here.) This event is free but you can support the all-volunteer-run Friends of the Wagbo Sugar Bush program by purchasing a raffle ticket for a Maplethemed gift basket, a tasty treat in our bake sale, or a bottle of the sweet stuff itself.

CHARLEVOIX WinterFolk Concert Series; Gary Shackelford

Monday, March 30, Charlevoix 6:30-8pm. County Library. Featuring Gary Shackleford on the five string banjo and guitar. Free admission

EAST JORDAN **Easter Fun and Games**

April 4, 10-11:30am. Easter games, candy, and prizes for kids 12 and under at the East Jordan High School Gym. Grand prize winners win a bicycle. East Jordan High School, 101 Maple Street. Sponsored by East Jordan Lions Club. Free Admission.

CHARLEVOIX **Easter Egg Hunts**

April 4, 2pm, East Park. Age groups 2 yrs and under, 3-4 yrs, 5-6 yrs, 7-10 yrs. Stick around for visit by the Easter Bunny, Face Painting and Story Time.

BOYNE CITY Easter Egg Hunts

Saturday, April 4, First

Business Atter Hours

April 15, 5-7pm, Irish Boat Shop, 13000 Stover Road. No charge to Chamber members, \$10 non-members.

CHARLEVOIX Free Marketing Workshop

Wednesday, April 15, 8-10am, Charlevoix Library Community Room A. "How Small Business Gets More Business.² This seminar will give you a closer look at promoting your daily deals on the most popular social media networks - Facebook, Twitter, LinkedIn, Pinterest, and Google+. We'll show you the benefits of using each, how other organizations are increasing sales with daily deal software, and some dos and don'ts of each channel. You'll also get tips on how to protect your brand, and tell if your social media activity is working. Free for Chamber members, \$10 for non-members. (231) 547-2101

EAST JORDAN **Business After Hours**

April 16, 5 - 7pm, The Zone Sport Lounge. Sponsor; Coldwell Banker Schmidt of East Jordan.

CHARLEVOIX **Simple Truths Class**

April 16, 6pm, Charlevoix Library Community Room. Parents of preschool-elementary students are invited to attend a class entitled Simple Truths by Mary Flo Ridley. The presenter is Kathy Worsley, a former school educator. This is a class to aid parents in talking to their children about sex. The 2-hour

BOYNE CITY GLCO Woodwind and Brass Quintets Recital

April 19, 4-6pm, First Presbyterian Church. Free admission.

BOYNE CITY Business Expo & Taste of Boyne

The Expo will be held from 3 to 7 p.m. Thursday, April 23, at the former Carter's store. This expo is always one of Northern Michigan's largest business networking events, as 1,300 people come to see 95 local exhibitors, including a dozen Taste of Boyne food booths. Admission to the event is \$5. Soft drinks, Michigan wine and beer will be available.

CHARLEVIOX **Knights of Columbus** Cash Raffle Party

April 25, 6-11:30pm, Castle Farms Kings East Room. The 39th Annual Knights of Columbus Cash Raffle Party will feature over \$15,000 in cash prizes awarded to over 28 lucky winners-need not be present to win. Featuring a gourmet dinner with an array of choices, desserts, refreshments, DJ music for dancing the night away, and special 50/50 cash drawings throughout the evening. Proceeds from the event fund over 25 area func-

April 27, 6:30-8pm. Charlevoix County Library. The Whiskey Charmers tell the story of the open road, whiskey and heartache with their haunting melodies. Carrie Shepard, Lawrence Daversa and Brian Ferriby are the Whiskey Charmers. Free admission

EAST JORDAN **Community Cleanup**

The annual community cleanup date has also been set for Saturday, May 16. The transfer station will be open 9 a.m. -4 p.m. for the free dropoff day. East Jordan residents will need to pick up a resident card from city hall to participate in the cleanup.

ELLSWORTH **Pig Roast/Ellebration**

The Pig Roast/Ellebration tradition continues! This year's event will take place on Saturday, June 20th. It will feature a hometown parade, a great meal, lots of games for children and teens, the annual horse pull and archery events and lots more. New this year will be a tractor cruise and a motorcycle tour.

NORTHERN MICHI-GAN **Junior Achievement** volunteers

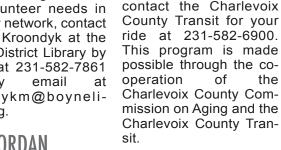
Junior Achievement's local Board of Directors is looking for volunteers that would like to share their leadership skills to increase the growth of Junior Achievement programs in area schools. For more information on numerous opportunities, contact the area's District Director Mark Pankner at clude your organization and volunteer needs in this new network, contact Monica Kroondyk at the Boyne District Library by phone at 231-582-7861 or by email at kroondykm@boynelibrary.org.

EAST JORDAN Christian coffee house

Open Door Christian coffee house will be held every first and third Saturday at the East Jordan Community Center on Main St. Refreshments are available; free coffee and a small charge for pizza and soda. We have a lot of wonderful talent right here in northern Michigan. Great fellowship, everyone is welcome to come

CHARLEVOIX Messy church

This is a fun way of do-



CHARLEVOIX Story time

Weekly Story Time is hosted every Thursday at 10:30am and all children and their parents or caregivers are invited to attend. Story Time at the Charlevoix Library is geared towards children birth to five years old. Ms. Laura, story teller extraordinaire, reads stories, sings songs, interacts with finger plays, and sometimes even dances with the kids.







ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

5th Annual Business Expo a Rousing Success

Norma Jean Babcock

CHARLEVOIX: The 5th Annual Business Expo and Taste of Charlevoix event held on March 19 showcased a spectacular array of business vendors, offered services, and tasty morsels for Charlevoix citizens to get to know their community a little better.

The event boasted 75 booths, at which participants could try a sampling of local cuisine, learn more about what services are available without leaving



Artist Edith Pair of Charlevoix smiles as she paints wine glasses at the Circle of Arts booth during the Charlevoix Business Expo Thursday at Castle Farms. Pair teaches a glass painting class at the Charlevoix Circle of Arts April 20. PHOTO BY M. CHRIS LEESE

their hometown, and get to know business owners in and around town.

Businesses such as Beacon Dental Center, Central Drug, Fox Motors and many others lined the halls of Castle Farms sharing in offering small prizes, giveaways, and educational pamphlets for those who attended. Many businesses offered discounts on their services to new customers, and others shared upcoming plans they have to become even more helpful in the future.

The event also featured a raffle in which 15 businesses created baskets with coupons and goodies bursting from them. Revolution Bike, one of the raffle basket contributors, offered a free BMX bike, basket, Safety Sticker Pack, bell, and Bike lock; giving the winner everything they needed to get active this summer for a total value of\$350. Clothing stores such as Harbor Wear and The Clothing Company offered baskets brimming with clothing and accessories. Challenge Fitness offered a free two month membership; Central Drug offered a basket with goodies for the beach and outdoor fun, while Beaver Island Boat Company contributed





Participating in the 'Taste of Charlevoix' economic development director, Annie Doyle (left) tries a sugar cookie while her daughter Julianne marvels over a fancy little chocolate cupcake at the Cre8tive Cupcake booth during the 2015 Business Expo at Castle Farms. PHOTO BY M. CHRIS LEESE

round trip passage for 3 as well as loads of BIBCO themed goodies.

The raffle proceeds benefit the Chamber Scholarship which is given to a high school graduate at Charlevoix High School each year, thus keeping the legacy of Charlevoix strong as they ensure bright futures for students.

However for many, the tastings offered from local restaurants proved to be a highlight. Places such as Kelsey B's Lakeside Grille



Executive chef Roy Hall of Kelsey's Lakeside Grille (left) and employee Matt Pater serve a tasty shrimp dish to the public as they participate in the Taste of Charlevoix portion of the Business Expo at Castle Farms Thursday. PHOTO BY M. CHRIS LEESE

and Belle Vita offered up tastes of their favourite dishes, while Smoke on the Water and Pigs Eatin' Ribs wowed with BBQ and smoky summer tastes. Odawa Casino showcased a seafood creation while American Spoon Foods and Cherry Republic brought the fruity flavors of the warmer season in the form of cherry pie and chocolate covered cherries. Many others shared their yummy treats as well, but the winner of both Best in Taste of Charlevoix and Best in Show went to Cre8tive Cupcake who dazzled visitors

Pat and Barry Wood of Charlevoix (foreground) sign up for one of the many drawings offered at the Charlevoix Business Expo recently, this one at the booth of 4Front Credit Union. PHOTO BY M. CHRIS LEESE

with a stunning display of decorated cakes by owner Alfred Michaeu and his staff. Delectable little cupcakes lined the booth in varying flavors and enraptured the taste buds of all of Charlevoix.

Overall the event was a great success, and proved to be a highlight of spring in Charlevoix. Next year area residents can look forward to even more tastes, sights, and services of Charlevoix at the 6th Annual Business Expo.

Scott MacKenzie, director of the Charlevoix Area Humane Society hams it up at the Charlevoix Business ExpoThursday as he tells about the up-coming fundraisers; 'Run for their Lives', 'Woof Stock' and a raffle to win two Super Bowl tickets. Details on www.charlevoix-humane.org. PHOTO BY M. CHRIS LEESE

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March 26, 2015

News

Drs. Oz and Roizen

Television's Dr. Oz and Cleveland Clinic's Dr. Roizen report on health, wellness and quality of life.

IS ARSENIC IN YOUR FAMILY'S FOOD?

From rice and apple juice to beer and infant formula, a growing variety of foods and drinks are turning out to contain arsenic. At high levels, or over years of exposure to moderately high levels, arsenic raises your risk for shingles, cancer, high blood pressure, diabetes, skin problems and reproductive difficulties.

The latest news: Arsenic levels in the urine of formula-fed infants was seven and a half times higher than in breastfed babies, according to a new study from Dartmouth College. Researchers checked 72 6-week-old babies and tested home tap water, too. They concluded that the water, as well as powdered baby formula, contributed to higher arsenic levels in some infants. Earlier research by the same team found that many rice cereals and other baby foods also contained significant amounts of arsenic.

How has this toxin ended up in food? It turns out that arsenic, especially the inor-

ganic form linked more strongly to health risks, is present naturally in the environment and can leach into groundwater. Plus, residue from arsenic-laden insecticides and herbicides used to grow various crops is now in the soil. That can raise arsenic levels in crops such as apples and especially rice, which grows in water and absorbs arsenic readily through its roots. (In one Food and Drug Administration study, 10 of 65 samples had arsenic levels higher than federal drinking water standards.) Dr. Mike says thanks to Dr. Oz for pushing the FDA to study and then to highlight this issue. And here's how to reduce your exposure:

Choose your rice carefully. Tests by the FDA and by Consumer Reports have found that brown basmati rice from California, India and Pakistan had about one-third less arsenic than other types of brown rice. White basmati from those same places had half the arsenic as other types of white rice. Rice (except sushi and fast-cooking) from Arkansas, Louisiana, Texas or simply labeled "from the U.S." had the highest levels. (Arsenic levels from those states are higher because rice is often grown in former cotton fields, where arsenic-based chemicals were used.)

Prep it like this. Rinse rice thoroughly before cooking. Then add extra water to the pot when you cook it up -about 5-6 cups for each cup of dry rice. Once it's ready, drain well before serving. According to the FDA, this can cut arsenic levels in half.

Cut back on rice products altogether. Adults and kids should cut back on rice cereal, rice milk, as well as rice cakes and rice-based pastas and treats. Instead, have a wide variety of other grains. For babies, who often receive rice cereal as their first solid food, the American Academy of Pediatrics recommends using a different grain cereal or vegetable puree.

Expand your grain repertoire. Substitute rice with other high-fiber, high-nutrition whole grains like amaranth, barley, bulgur, buckwheat, farro, millet, polenta and quinoa. All are very low in arsenic.

Cut back on apple, grape and pear juice. Give kids no more than four to six ounces a day. (Twenty-five percent of youngsters sip more than 8 ounces of apple juice daily!) In fact, the AAP notes that kids really don't need juice at all. Instead, introduce a healthier option: Fresh fruit like citrus, peaches, strawberries -- plus a glass of water. They'll get more fillyou-up fiber and nutrients. Of course, give kids fruit that's appropriate for their

eating stage.

Having a baby? Consider breastfeeding. Your baby will receive a wealth of nutrients and immune factors, in addition to less arsenic. That said, we know that not all moms and not all babies can nurse. Do what's best for the two of you.

Get your well tested. If your home drinking water comes from a private well, it's worth having the water labtested for arsenic. According to the U.S. Geological survey, wells in some parts of the West, Midwest, Texas and the Northeast have high concentrations of arsenic. You'll find a USGS map showing known high-arsenic well areas at

water.usgs.gov/nawqa/trace/ arsenic/.

WHEN OIL AND WATER DO MIX: HEALTH ALERT

When you hear the phrase "Those two go together like oil and water," you know they don't get along. But what if you had to make them compatible? To do that for oil and water, what's needed is an emulsifier, a binding agent that keeps everything wellmixed. Today the list of foods that contain fat-stabilizing, shelf-life-extending, textureenhancing emulsifiers could fill a big box store (oh, wait, they do!). From cooking sprays and butter substitutes to soft-serve and hard ice creams, bottled sauces, candy bars and baked goods, emulsifiers keep unlikely pairings together for fun and profit. But, it turns out, when manufacturers mess with your

food by adding emulsifiers, your metabolism, endocrine system and digestive tract become a mess.

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

A new study in the journal Nature found two commonly used emulsifiers, carboxymethylcellulose and polysorbate 80, seem to change the balance of gut bacteria and damage the mucus lining of the intestines in lab animals. For some, emulsifiers caused proinflammatory bacteria to move from the gut into the body -- bad news for the immune system. For others, they produced intestinal inflammation, leading to obesity, insulin resistance and diabetes. And, the researchers say, "the broad use of emulsifying agents might be contributing to ... [peoples' development of] obesity/metabolic syndrome and other chronic inflammatory diseases." This is just one more reason to avoid products containing the Five Food Felons (all added sugars and syrups, any grain that isn't 100 percent whole, all trans fats and most saturated fats) and to skip prepared and processed foods; they often contain emulsifiers.

* * *

Mehmet Oz, M.D. is host of "The Dr. Oz Show," and Mike Roizen, M.D. is Chief Wellness Officer and Chair of Wellness Institute at Cleveland Clinic. To live your healthiest, tune into "The Dr. Oz Show" or visit www.sharecare.com.

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Kelly's Antiques & Furniture Barn offer quality vintage and custom furniture

By Jim Akans

When looking to refurnish, redecorate or simply revitalize the furniture and accessory items in your home or cottage, don't miss the opportunity to check out the amazing selection of vintage and custom furniture at Kelly's Antiques & Furniture Barn located can and European imports, the vast selection is sure to tantalize the imagination of virtually every furniture shopper.

Don Kelly founded his business back in 1985, as he recalls, "it was in a small room off my garage. I loved working with furniture, and while attending a furniture show I discovered a new type of finish stripper that worked extremely well. I went home, tried it out, and started my new business. It kept expanding and I moved into my current location in 1990." Kelly adds, "Something we specialize in is wicker furniture items. People love old wicker furniture, and we also sell lots of old pine, oak and items made from other woods as well. Vintage furniture is generally made with sold wood or very good veneers. The workmanship and craftsmanship is excellent."

The services offered at Kelly'w Antiques & Furniture Barn also



Kelly's Antiques and Furniture Barn is located at 6176 Old US 31 South in Charlevoix. The fascinating facility encompasses over 7,000 square feet of ever

in Charlevoix. The fascinating facility encompasses over 7,000 square feet of ever changing vintage furniture and accessories, plus another 1,500 square feet of custom furniture items. From antique wicker to Early Ameriinclude customizing the size of furniture to match the customer's needs, and they will paint, stain and refinish items to match the customer's décor if they desire. Kelly's Antiques and Furniture Barn is located at 6176 Old US 31 changing vintage furniture and accessories, plus another 1,500 square feet of custom furniture items. COURTESY PHOTO.

South in Charlevoix. They are open Monday through Saturday from 9 am until 3 pm, and Sunday by appointment. For additional information, please call (231) 547-0133 or visit www.dkellyantiques.com.



Hidden Treasures

CHARLEVOIX

Bergmann Center Resale Shop 8888 Ance Road, Charlevoix 231-547-9624 www.bergmanncenter.org

Kelly's Antiques & Furniture Barn 06176 Old US 31 S. ,Charlevoix 231-547-0133 www.dkellyantiques.com

EAST JORDAN

Crossroads Resale Shop 205 Water Street., East Jordan 231-536-7606 Open Tuesday thru Saturday

ELLSWORTH

Good Samaritan

Furniture & More Store 6519 Center St., Downtown Ellsworth 231-588-2208 thegoodsam.org

Good Samaritan

9746 Main Street, Ellsworth 231-588-2208 thegoodsam.org

FREDERIC

Pineview Military Surplus 7328 Old 27 North, Frederic 989-348-8300

GAYLORD

A-2-Z Resale 1829 Old 27 South, Gaylord 989-732-9500

Angels at Work Resale 1523 S Otsego Ave., Gaylord 989.448.8615

Goodwill Retail and Donation Center 1361 Pineview Dr. (near Lowes), Gaylord 989-705-1747. www.goodwillnmi.org

Salvation Army Family Store 919 S. Otsego Ave., Gaylord 989-448-2357

Homespun Antiques & Crafts

230 West Main Downtown Gaylord 989-731-4305 Mon – Sat 10-5, Sun Noon - 4

GRAYLING

The-Brickery.com

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HARBOR SPRINGS

New Beginnings Thrift Shop 650 W Conway Rd.,Harbor Springs 231-348-2980

MANCELONA

Mancelona Food Pantry & Resale Shop 201 N. Maple St., Mancelona 231-587-9606

MIO

resale and thrift shops

Northern Michigan Treasure Hunter's

Guide to area antique, consignment,

Strawberry Patch Downtown Mio 989-826-1503

PETOSKEY

Goodwill Retail and

Donation Center 1600 Anderson Rd.,Petoskey 231-348-6947 www.goodwillnmi.org

> To add your business listing to this directory call 989-732-8160



Charlevoix County Commission on Aging

"The mission of the Charlevoix County Commission on Aging is to provide the highest quality senior services in partnership with the community. We focus our efforts on advocacy and support for seniors and their caregivers by promoting health, wellness, and education to achieve a dignified and enriched quality of life."

218 W. GARFIELD ST., **CHARLEVOIX, MI 49720**

Phone: (231) 237-0103, Toll Free: (866) 428-5185 Fax: (231) 237-0105

Office Hours: Monday - Friday 9AM-5PM

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> LOCAL SENIOR CENTER **CONTACT INFORMATION**

Beaver Island Center:

Ann Partridge 26215 Main St, BI, 49782 231-448-2022

Boyne Area Senior Center:

Terri Powers 411 E. Division, PO Box 964 Boyne City, MI 49712 Phone: 231-582-6682

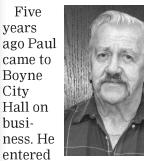
Charlevoix Senior Center:

Nona Jadwin 06906 Norwood Road Charlevoix, MI 49720 Phone 231-547-5361

EJ Community Center

Brenda Skop 116 Main Street, East Jordan, MI 49727, Phone: 231-536-7831

Meet Paul Drewanz...



the room that was B.A.S.C. at that time. Paul was invited to come back and enjoy the center - but was still working at that time and didn't make it.

Three years later Paul had a stroke to his optic nerve. It was feared he might lose his sight. His body reacted to the many medications he was prescribed. He had to move in with his daughter. Paul recovered 85% of his vision. One day he decided he had to do something!

He thought of that invitation given to him five years ago.

"The Rest Is History!" Paul can be found at the Boyne Area Senior Center every day! Playing gamesenjoying music- Wii bowling-among other activities. Paul urges everybody to visit their Center, see what goes on and have a spectacular meal with some new

Patient Assistance Programs -

Another option for expensive medications

Some Medicare beneficiaries are faced with huge bills for their medications even though they may have Medicare prescription drug insurance. In some cases, they simply can't afford to purchase some of their drugs, so they stop taking them. The co-pays for some medications can be very high for several brand name drugs, especially if they land in the donut hole.

There may be help for people in this situation through a service called the Patient Assistance Pro-gram (PAP). PAP is sponsored by pharmaceutical companies, and other organizations as a means to help lower income families with their prescriptions. If approved, participants can obtain cer-tain medications either free or nearly free. Some programs will send patients a pharmacy card to be used to obtain their medicines at a local pharmacy. Other PAP's will mail the medications di-rect to the patient's

home, or in some cases, to their physician.

Patient Assistance Programs

Each patient assistance program has its own eligibility criteria, but it is generally based on family income relative to a specific level of poverty. The poverty levels are set by the Federal govern-ment and can change each year.

There are several websites where you can find out if there is help available for a specific medication. Just enter the drug name and, if there is help available, a list of participating organizations will be displayed along with their contact information. Often these same websites will have appli-cation that can be downloaded and printed.

A couple of websites where this information is available are www.needymeds.org or www.rxassist.org.

Once it appears that an individual may be eligible, they can complete the application, obtain the necessary proofs of income, and forward the documents to their physician. The prescribing physician is required by the PAP to complete the medical portion of the appli-

cation. Many doctors will also mail or fax the application back to the PAP on behalf of the patient. The response time is generally quick. Once approved, participants must reapply each year.

Also, there are several organizations that can help with the PAP application process for a fee. Generally they charge a set amount each month for each prescription.

Medicare beneficiaries can also receive assistance by contacting the Medicare/Medicaid Assistance Program (MMAP) at 800-803-7174. Trained counselors are available to provide help with all aspects of Medicare and Medicaid benefits, along with guidance regarding fraud and abuse, bill-ing issues, and many other areas pertaining to senior health care programs.

By: Jim Verville, Region 10 Coordinator Michigan Medicare/Medicaid Assistance Program Area Agency on Aging, Traverse City, Michigan

BOYNE AREA SENIOR CENTER ACTIVITIES

Thursday, March 26 Wii Bowling 11am Knitting & Crochet

friends!

Friday, March 27 Birthday Day! 11am Roger Hartson Monday, March 30 Line Dance Brown-Bag Bingo -Gift Certificate Prize

Tuesday, March 31 Brown-Bag Bingo -Free Lunch Prize

AREA MARCH HAPPENINGS

Raffle THE COA OFFERS THE 3/28, Saturdays, 9am – 1pm **CHARLEVOIX SENIOR CENTER ACTIVITIES FOLLOWING SERVICES: BOYNE CITY** Tuesday, March 31 Thursday, March 26 Friday, March 27 Monday, March 30 **FARMERS' MARKET** Congregate Meals BIRTHDAY DAY! 11am Chair Yoga Class 11am Chair Yoga Class 1pm Bridge In the Red Barn next to the Boyne Foot Care Management 1pm Paint Class 9:30am Craft Class 1pm Woodcarving 1pm Pinochle City District Library. **Emergency Communication Devices** 1pm Rummy 1pm Rummy 7pm Bible Study www.boynechamber.com AARP TAX PREP 9am-1pm Adolph Cwik Music Home Delivered Meals Homemaker Services EAST JORDAN SENIOR CENTER ACTIVITIES 3/26, Thursday, 5:30 - 7:00pm In-Home Respite **MARCH SWIRL** Information & Referral Thursday, March 26 Friday, March 27 Monday, March 30 Tuesday, March 31 Join us for wine tastings in our gal-10:30am Line Dancing 11am John Slough Medicare D Counseling KARAOKE DAY! 8am-1pm Walking M-F leries. Mingle among beautiful art, 12:30pm Bingo Bingo/Raffle **Medication Management** 1pm Paint Class listen to local musicians, and sample Personal Care Assistance fine wines and food from local restau-**Project Lifesaver** rants. Tickets may be pur-chased on-**CHARLEVOIX COUNTY SENIOR CENTER MENU** Senior Hi-Lites Newsletter line, telephone, or at the door. Event Tax Assistance takes place at the Crooked Tree Arts Thursday, March 26 Friday, March 27 Monday, March 30 Tuesday, March 31 **Volunteer Opportunities** Center in Petoskey. **BEEF CHILI TUNA PATTY** BREAKFAST LIVER & ONIONS www.crookedtree.org **WEBSITE ADDRESS:**

www.charlevoixcounty.org/coa.asp

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